



BAILEY PUBLIC LIBRARY NEWSLETTER

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UPCOMING EVENTS

Tuesday, March 1

Dr. Seuss Craft 3:30pm

Wednesday, March 2

Story Time 10:15am & 1:30pm
Mr. Harley Music Time 10:30am
Lego Fun 3:30pm

Tuesday, March 8

Stamping Cards Craft 3:30pm

Wednesday, March 9

Story Time 10:15am & 1:30pm
Lego Fun 3:30pm

Tuesday, March 15

Saint Patrick's Day Craft 3:30pm
Andrew Vietze Author Program 6:30pm

Wednesday, March 16

Story Time 10:15am & 1:30pm
Mr. Harley Music Time 10:30am
Lego Fun 3:30pm
Bailey Title Waves 6pm

Tuesday, March 22

Spring Crafts 3:30pm

Wednesday, March 23

Story Time 10:15am & 1:30pm
Lego Fun 3:30pm

Tuesday, March 29

Windsock Craft 3:30pm

NEXT MONTH:

Ingrid Grenon Author Program
on Tuesday, April 12 at 6:30pm

RECOMMENDED TITLES WOMEN'S HISTORY MONTH

Books:

- Jane Eyre by Charlotte Brontë
- Wuthering Heights by Emily Brontë
- The Awakening by Kate Chopin
- The House of Mirth by Edith Wharton
- A Room of One's Own by Virginia Woolf
- Silent Spring by Rachel Carson
- The Bell Jar by Sylvia Plath
- Fear of Flying by Erica Jong
- Sula by Toni Morrison
- The Handmaid's Tale by Margaret Atwood
- The Good Mother by Sue Miller
- Anywhere but Here by Mona Simpson
- Foxfire by Joyce Carol Oates
- Daughter of Fortune by Isabel Allende

FILMS:

- It Hapened One Night (1934)
- The Lady Eve (1941)
- All About Eve (1950)
- Rachel, Rachel (1968)
- 3 Women (1977)
- Steel Magnolias (1989)
- A League of Their Own (1992)
- The Piano (1993)
- Erin Brockovich (2000)

FEATURED EVENT:

Andrew Vietze | Tues, March 15

WEE READ

**Reviews for the young
and the young at heart.
by Ann Darby**

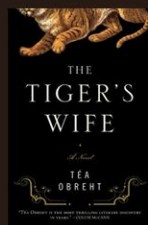


Food: 25 Amazing Projects: Investigate the History and Science of What We Eat
by Kathleen M. Reilly

"Food has changed over the years, and so has the way we think about it, get it and even grow it." Food is part of today and also part of our history, culture, traditions and celebrations. The 25 projects here are both intriguing and tasty. Have you ever wanted to know how to make your own marshmallows? Did you know that the ancient Greeks made the first Birthday cakes? In each chapter we learn new words from the "Words to Know" items and all kinds of neat facts from the "Did You Know?" sections. This informative book brings us a lot of "Food for Thought". If you want to learn more, included is an excellent resource page, listing many books and websites.

Live, Enjoy and Laugh every day.

NOTABLE BOOKS COMING IN MARCH



The Tiger's Wife
Tea Obreht



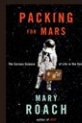
Sing You Home
Jodi Picoult



Unfamiliar Fishes
Sarah Vowell



Moondogs
Alexander Yates



Packing for Mars
by Mary Roach

Member Book Review by Rebecca Nazar

If you're an armchair astronaut like me, you'll find Mary Roach's *Packing for Mars* an enjoyable read. With a fluid writing style and wry sense of humor, Roach explains the experiments and research necessary for successful space missions, especially one arduous as a manned mission to Mars. Roach culled through millions of pages of NASA documents, condensing the mass into a breezy, entertaining read. She explains her motivation for writing this book:

What drew me to the topic of space exploration was not the heroics and adventure stories, but very human and sometimes absurd struggles behind them. The Apollo astronaut who worried that he, personally, was about to lose the moon race by throwing up on the morning of the spacewalk. (p.18)

Astronauts, hurling through space, face unique challenges. Confined spaces and weightlessness can tax even the most stoic souls. The experiments performed, more often than not, deal with simple day-to-day tasks we perform without a second thought—what's best to eat, ways to remain fit, basic hygiene. The effects of bone and muscle loss, the lack of privacy and motion sickness are studied. Why? Because mind-boggling expensive missions can be undermined by a clogged toilet. Too much sloughed human dander can pollute a limited and recycled air supply. An astronaut could potentially asphyxiate if they vomit, due to motion sickness, during a spacewalk.

Many of the chapter titles are comical. "Star Crazy: Can Space Blow Your Mind?" Houston, "We Have Fungus: Space Hygiene and the Men Who Stopped Bathing for Science" and "The Horizontal Stuff: What If You Never Got Out of Bed?" The most surreal offering is "Separation Anxiety: The Continuing Saga of Zero Gravity Elimination"—"elimination" meaning to go to the bathroom. Roach doesn't resort to potty humor for this chapter, but her approach dealing with this subject matter causes chuckles nonetheless. Intimacy in space is covered in, "The Three-Dolphin Club: Mating Without Gravity".

Touching down on the moon, Neil Armstrong declared, "One small step for man, one giant leap for mankind." After reading *Packing for Mars*, one can truly appreciate the millions of experimental steps taken to make space missions successful and one can conclude that Mars is well within our reach.

MARCH DVDS TO WATCH FOR



Fair Game
(Naomi Watts and Sean Penn)



127 Hours
(James Franco and Lizzy Caplan)